



## Lifelong Learning Programme

### IGIV – Guide

### Pedagogical Method

<b>Name</b>	The Video Box
<b>Time</b>	At least 4 hours (the time indicated includes the presentation of the method, the realisation of recorded interviews with participants, analysis of the interviews and discussion)
<b>Target Group</b>	Social workers, coaches, teachers
<b>Material, space, number of rooms if needed etc.</b>	The term “The Video Box” refers to video interviews made inside a container, be it a van or a stage with a backdrop. You need a video camera. A space (inside or outside) for group work.
<b>Work Area</b>	Project and Organisation
<b>Learning Results</b>	
» <i>Knowledge</i>	<ul style="list-style-type: none"> <li>• To understand the importance of (self)reflection as a first step towards a full comprehension of social dynamics and dominance relations within the society.</li> <li>• Getting to know the attitudes of young people such as exhibitionism (i.e., the need to show off on stage) and nihilism.</li> <li>• Learning new methods that allow to get in touch more easily with girls and boys.</li> </ul>
» <i>Skills</i>	<ul style="list-style-type: none"> <li>• Ability to bring out the experiences of young people.</li> <li>• Analysis of peers world view with an intersectional perspective</li> <li>• Ability to ask questions about controversial issues (i.e., attitudes of young people to racism).</li> </ul>
» <i>Competencies</i>	<ul style="list-style-type: none"> <li>• To have an expertise in animation.</li> <li>• To manage a group of young people offering them an intersectional key to read their experience in relation to their living environment.</li> <li>• Identify social and cultural patterns in young people behaviours</li> <li>• Knowing how to use tools to contact young people, before starting to communicate with them. To operate in the network of youth organisations dealing with youth violence and prevention by using an integrated approach.</li> </ul>



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<p><b>Guide</b></p>	
<p>» <i>Introduction/ Background information</i></p>	<p>The method "The Video-Box" was created as an activity for young people.</p> <p><b>We suggest that our target audience (teachers, social workers, and sports coaches) try out this method themselves before applying it to their young students or users.</b></p> <p>By submitting himself/ herself to this sort of "confessional interview" the operator experiences the method, but also applies analysis of values and identity to himself/ herself, answering the questions: "Who am I? What are my goals in my life? Which of my goals have I not been able to achieve and why? Has the social reality influenced my choices?"</p> <p>The method assumes that everyone has the need to feel like being the protagonist, to show off, to talk about himself/ herself; the spectacle of private life, typical of our times, may be the key to know primarily himself/ herself and consequently the young people.</p>
<p>» <i>Step by step know-how</i></p>	<p>People are interviewed inside the "box", while being filmed with a video camera.</p> <p>20 or 30 questions should be asked with a rather fast pace so as to bring out the immediate association of ideas and impressions of the interviewees.</p> <p>In the beginning the questions could be the following:          "What is your age, your study area, how much time do you spend in front of the PC, TV; do you smoke?          Later it will be important also to ask questions such as:          "What are your values today? And what were your values ten years ago? How do you see yourself now compared to twenty years ago? What is today the most important thing for you? And twenty years ago?          What are/ were your goals in life? Do you think you've achieved (some of) them? Has life changed you? Why? Which things do you dislike really today? Who are the people you dislike?"</p> <p>In a further part of the training course, you can show many movies made from the interviews in the video boxes, organising a discussion about the possibility of using this tool with young people.</p>
<p><b>Variant</b></p>	<p><b>Variant of the method applied to young people:</b>  <b>For creating a better appeal to young people, a focus on the surrounding setting is needed: music, colour of the stage.</b>  <b>You should provide the possibility for young people to wear</b></p>



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	<p><b>masks if they want in order to express themselves very freely. The method works very well (for the target youth) when also installing the video box on festivals in the community, on a stage, etc.</b></p>
<p><b>Applicability and Limits</b></p> <p><i>The following should be pointed out:</i></p> <p>» <i>The optimal size of the group</i></p>	<p>Optimal size of the group: between 8 and 16 participants</p>
<p>» <i>The point of time in a certain working process when the method can be used</i></p>	<p>The method can be used after the participants of the training have achieved a certain familiarity with each other, they must agree to be interviewed with embarrassing questions and should be available to discuss the answers with the other participants.</p>
<p>» <i>Necessary prerequisites for the trainer</i></p>	<p>It may not be enough to have a single operator to manage the activities; several should be involved.</p> <p>The participants would later apply the method of the video box to each other.</p> <p>The conductor/ trainer should have sound experience in youth work, and critical and analytical skills in social patterns.</p> <p>The conductor should have sound experience in peer communication and should find the right words to let the participants talk freely about their own lives.</p>
<p><b>Suggestion for continuing work</b></p>	<p>In an intersectional perspective, this method should be learned and shared among social workers, teachers and social services in the city. Used in an urban setting this method would map the reality of the city from the point of view of the dynamic of youth.</p>
<p><b>Comments, experiences and risks</b></p>	<p>Resistance can arise to questions deemed too personal, which can be solved with different interview techniques like making clear that you are allowed to refuse to answer a certain question.</p>
<p><b>Useful further information (links, methods/ tools, articles etc.)</b></p>	<p><a href="http://www.progettolaiv.it/tycoon/light/viewPage/ProgettoLaiv/video%20box%203">http://www.progettolaiv.it/tycoon/light/viewPage/ProgettoLaiv/video%20box%203</a> (In Italian)</p>
<p><b>Source</b></p>	<p>The method was suggested by the street workers of the Municipality of Foligno, (Italy) coop. the Locomotive involved in the different steps of the IGIV project (focus group for national needs analysis, pilot training courses, dissemination events)</p>

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